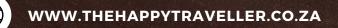
# MEDIA TRAVEL KIT

The Happy Traveller



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THEHAPPYTRAVELLERZA@GMAIL.COM

C D @HAPPYTRAVELLERZA





### TRAVEL | ADVENTURE | FOOD

About me

I love hiking, spending time in nature, free diving, exploring the local gems of my home city Cape Town and travelling the world. I am passionate about sharing budget-friendly travel and adventure tips showing that travel is possible for anybody.



68% South Africa 5.6% UK 4.2% USA 13.7% ages 18-24 52.2% ages 25-34 17.5% ages 35-44

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2.5M

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11K+

SOCIAL MEDIA FOLLOWERS



49.2K

ANNUAL WEBSITE CLICKS

3.94M

ANNUAL PINTEREST IMPRESSIONS









Brands I'VE WORKED WITH

# ACCOMMODATION & CABINS Avani Lodge - Hot Tub Stay



### The Gaia Sanctuary - A-Frame Cabin



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# ACCOMMODATION & CABINS

Sky Camp

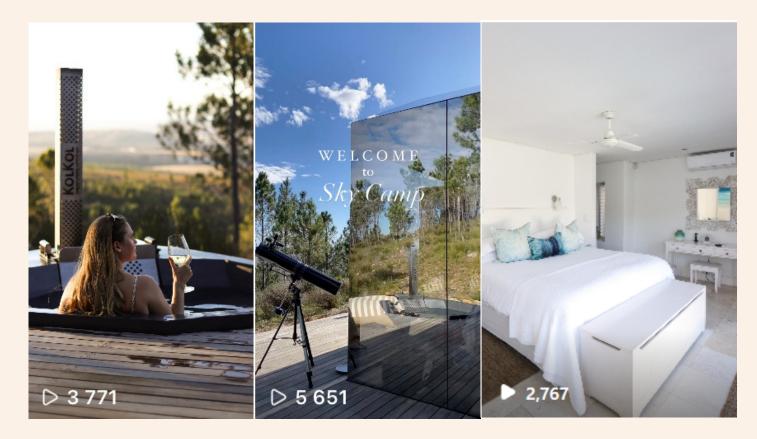




### Amanzi Lodge - Luxury Boutique Hotel



## CABIN STAY REELS & TIKTOKS

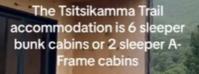


Reply to Alessandra 🔾 🖬 📭 comment do you stay in the cabins each night or camp with tents? does it cost? 41.075

Welcome to Sky Camp - the first glass mirrored cabin in South Africa #travelsouthafrica #southafrica #hottubstay

▶ 4.1K ♥ 102 Ø 4 ♣ 16 ■ 35
Post time: 3/13/2024 2:32 PM ①







Replying to @Alessandra ♡ ZA IT ▶ 97.3K ♥ 972 ● 29 ▶ 90 ■ 283 Post time: 1/31/2024 10:21 AM ③



Looking for an affordable cabin stay in the Western Cape? Try the eco pods at Kogelberg Nature Reserve starting at R1300 per night #cabinstay #westerncape...

▶ 4.1K ♥ 105 @ 0 🍌 25 🔳 45

Post time: 3/25/2024 9:39 AM 🛈

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### EXPERIENCES

### GetYourGuide: Atlantic Outlook Kayaking



### GetYourGuide: Cape Malay Cooking class



### GetYourGuide: Champagne Cruise



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# EXPERIENCES Veld & Sea Foraging Events



GetYourGuide Aquila Game Reserve Tour

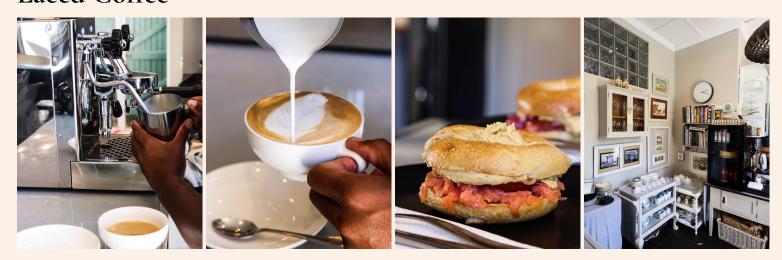


# Hi5 Tandem Paragliding

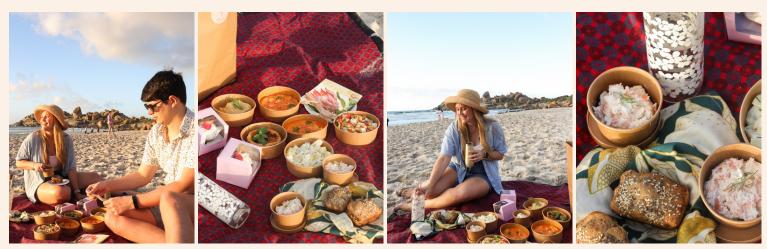


Jeands I'VE WORKED WITH

# FOOD & RESTAURANTS Laced Coffee



**Protea Picnics** 



Spier Wine Estate









# CAPE TOWN FOODIE GUIDE REELS & TIKTOKS

#### Cape Town Foodie Guide



Lebanese Bakery ▷ 43,2 k & Kitchen

#### How to maximise your leave as a South African in 2024: (using public holidays)

Human Rights day & Easter 21 March - 1 April PTO: 5 days Days off: 12

Youth day long weekend 15-17 June PTO: 0 Days off: 3

Women's Day long weekend 9-11 August PTO: 0 Days off: 3 weekend 21-24 Sept PTO: 1 day Days off: 4 Christmas & NY 14 Dec- 1 Jan

PTO: 9 Days off: 19

Heritage day long

### ⊳ 67,1 k

D 3 683

#### Cape Town Foodie Guide



# ▷ 106<sup>H</sup> R<sup>w's</sup> Your Oni?

Cape Town Drinks Guide



⊳ 25,6 k

Aperitif

# CAPE TOWN FOODIE GUIDE REELS & TIKTOKS

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Matery foodle sport					Cape Town Foodle Guide				
Check out @happytravellerza round up of the must-tr March 2 · Duration 1:25					Looking for a Japanese restaurant to try in Cape Tow February 17 · Duration 0:38				
<b>2</b> 17567	● 4418	<b>Q</b> 72	<b>7</b> 3538	<b>■</b> 5432	<b>b</b> 106176	♥ 3127	<b>Q</b> 19	<b>7</b> 3353	<b>■</b> 1835
Overview (i)					Overview (i)				
Accounts reached 176,52					Accounts reached 80,000				
Reel interactions				13,460	Reel interactions				8,334
Profile activity					Profile activity				439
Reach ④					Reach 🛈				
176,521 Accounts reached					<b>80,000</b> Accounts reached				
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Make sure you save this for later and send it to your significant other									



Make sure you save this for later and send it to your significant other 🌈 #capetownfoodie #capetowndateidea

▶ 76.4K 🖤 5.7K 🌚 47 🍌 383 🔳 3.2K

Post time: 1/15/2024 9:55 AM ①

Brands I'VE WORKED WITH

# CLOTHING & PRODUCTS

### Forecast Raincoats



### Sunhatsza



# Silver Linings Gumboots



Brands I'VE WORKED WITH

# CLOTHING & PRODUCTS

### Northridge Backpacks



### Pintuck Resort



### **Beavercreek Coffee**



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# CLOTHING & PRODUCTS

Emma Dorrington Jewellery



Cotton Woods









I offer social media and content creation

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For my rate card and to discuss a customised package that works for you email: thehappytravellerza@gmail.com

### Who I work with:

ACCOMMODATIONS, HOTELS & CABINS

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CLOTHING, JEWELLERY & LIFESTYLE BRANDS

UNIQUE TRAVEL EXPERIENCES & TOUR COMPANIES

TOURISM BOARDS

AIRLINES & TRANSPORT COMPANIES







